



Suara presents an energetic mix of music, dance, body percussion, and song in an informative and entertaining show for all ages. They have performed and conducted workshops across the world. They have worked with school groups, remote communities, refugees and disaster survivors using music and dance as a medium for healing, self expression and education.

The performers take participants on a journey through Indonesia introducing music, dance and theatre traditions from across the archipelago, including genres from Java, Bali and Sumatra. Interaction is encouraged with Randai - based on martial arts from West Sumatra, where rhythms are made by hitting large colourful pants, a particular favourite with all ages. The session culminates in a group performance of body percussion dances from Aceh, North Sumatra. These highly rhythmic dances, accompanied by drumming and distinctive chanted melodies, are fun and fulfilling. Individuals feel like they belong within a group and in turn the group feels like a community, boosting self-esteem and confidence.

Body percussion is a fun, communal way of learning and practicing RHYTHMS! The development of musical rhythm, motor coordination and ensemble skills are essential for growing brains and bodies!



**MUSIC**

**RHYTHM**

**DANCE**

**FUN**

# **SIDE online Indonesian incursion**

**Date: Tuesday 24<sup>th</sup> June 2025**

**Primary Students: 11:20-12:00**

**Secondary Students: 13:35-14:15**

