



Motivating Schoolwork Sessions

Use your personality and sense of humour

- Enthusiasm is infectious.
- Show your excitement for learning.
- Use humour to diffuse or prevent escalation of a problem.
- Express your confidence and faith in your child's abilities.
- Work with your children rather than against them.

Make your expectations clear and be consistent

- State clearly what behaviours you want to see, and praise your child immediately when they follow the expected behaviour.
- Be a good model.
- Give constructive feedback and be specific about why a child's behaviour is/isn't appropriate, for example, "One person at a time should speak. It's good manners and gives everyone the chance to hear what that person is saying."
- Set boundaries around the school day and state these clearly, for example, "this task needs to be completed before we continue with your Art, or before we go shopping".

Create some "classroom rules"

- Create a set of "[classroom rules](#)" where the consequences for behaviour, both positive and negative, are clearly stated.
- You must be fair, consistent and in control.
- Disciplining often works best by drawing the child aside and having a quiet word one-to-one.

Give feedback

- Show your child you value their contributions and participation.
- Younger children usually love some immediate praise and reward in the form of ticks and stickers.
- Vary your praise depending upon the situation and your knowledge of your child. For example, praise to all your children or a quiet one-to-one.